

Reduce, Reuse, Recycle, Rethink

Plastic is all around us, and if not handled properly, can lead to damage to the environment or to animals. To limit harm we can use the 4R's to lead more sustainable lives!

The Four 'R's

Four 'R's	What they mean
Reduce	If possible limit how much plastic you buy
Reuse	Extend the life of plastic by reusing plastic containers
Recycle	When plastic products can longer be reused, ensure that the product is clean then recycle responsibly
Rethink	Get creative! How many different ways can a plastic product be reimaged in new items

Rethinking Plastic in Crafts!

Plastic Product	Crafts
Plastic Water Bottle	<p>Use the bottle as a stamp for your next painting project! The cap makes a perfect circle while the bumps along the bottom of the bottle look like flower petals. Each bottle brand is unique so see how shapes you can stamp with your own water bottle!</p>
	<p>Make a bird feeder! For this craft you will need to make a few small holes around the bottle, big enough for the seed to come out of and then a couple more below so that you can poke pencils or chop sticks in as perches for the birds. Hang the bottle from a tree and ensure that you use a bird feed that is safe for our local birds!</p>
	<p>Turn your bottles in boats! This can be done by attaching two empty bottles with the lids on together to create rafts, then place a piece of cardboard or flat plastic on top and decorate! Now your toys have their own boat for pool days!</p>
	<p>Water bottles are the perfect shape for a lava lamp. Add your oil of choice and water to your bottle, allowing them to settle to create two distinct layer. Then add in your choice of food colouring and an Alka Seltzer. Soon your lava lamp should start to move - a fun and easy science lesson!</p>
Plastic 4L Milk Jug	<p>Milk jugs make excellent fairy houses! Make openings for doors and windows then decorate with paint, pompoms, pipe-cleaners, glitter or any of your favourite crafting items to make this tiny house your very own!</p>
Shampoo Bottles	<p>Shampoo bottles are perfect containers for pencils, markers, and paint brushes. Cut the top of the bottle off into any fun shape you want then decorate! Give your old shampoo bottle stripes, eyes or hair using coloured paper, googly eyes, or felt!</p>